

Thursday, August 22, 2019

1:00 PM	<i>Conf. Reg. 1</i>	Registration Opens
6:30 PM	<i>Virginia Lawn</i>	Opening Reception
7:30 PM	<i>Virginia DEF</i>	Plenary Session 1 - Constitutional Courage Mark Meckler , President of Convention of States David Barton , Historian
8:30 PM	<i>Virginia DEF</i>	Founding Father Talk Patrick Henry , Founding Father

Friday, August 23, 2019

7:00 AM	<i>Conf. Reg. 1</i>	Registration Opens
7:00 AM	<i>Virginia DEF</i>	Breakfast Buffet
7:30 AM	<i>Virginia DEF</i>	Plenary Session 2 - The Story of COS Special message from Michael Farris , Co-Founder of Convention of States Mark Meckler , President of Convention of States Eric O'Keefe , Founding COS Board Member
8:45 AM		Break
9:00 AM	<i>Virginia DEF</i>	Plenary Session 3 - Why This, Why Now? Pete Hegseth , Co-Host of <i>Fox & Friends</i>
10:00 AM		Break
10:30 AM	<i>Various</i>	Workshop Sessions 1 (see reverse for details)
11:30 AM		Break
11:50 AM	<i>Various</i>	Workshop Sessions 2 (see reverse for details)
1:00 PM	<i>Virginia Foyer</i>	Box Lunch and Networking with State Teams
2:20 PM	<i>Various</i>	Workshop Sessions 3 (see reverse for details)
3:30 PM	<i>Virginia DEF</i>	Refreshment Break
4:00 PM	<i>Virginia DEF</i>	Plenary Session 4 - The Law of Article V Professor Rob Natelson , Constitutional Scholar and Article V Expert
5:00 PM	<i>Virginia DEF</i>	Founding Father Talk James Madison , Founding Father
5:30 PM	<i>Virginia DEF</i>	Free Time/Dinner On Your Own
8:00 PM	<i>Various</i>	Regional Meet & Greet



WORKSHOP SESSIONS - FRIDAY, AUGUST 23RD

	ROOM	DESCRIPTION	ATTENDEES
SESSION 1 10:30 AM	<i>Tidewater A</i>	From the Horse's Mouth: How Federal Overreach Affects Your State - A Panel Discussion with State Legislative Leaders	LL, CW, SMW, SCC, ML
	<i>Virginia A</i>	Servant Leadership: How to Build and Inspire Your Team	SD, GC
	<i>Tidewater B</i>	Self-Governance: It's More than a Convention - Fighting for Liberty in Passed States	Passed State Volunteers
	<i>Allegheny</i>	Wise as Serpents, Harmless as Doves - Sharpening Your Judgment to Engage Political Figures	DC
	<i>Virginia BC</i>	Non-Partisan Political Activism 101: Understanding the Political System	RC, SIA, Volunteers
SESSION 2 11:50 AM	<i>Tidewater C</i>	Millennials on the March for COS - Reaching Young Americans With the Message of Self-Governance	CD, FUT, Volunteers
	<i>Virginia BC</i>	Regional Roundtable - Rodney Huckleberry	Passed States
	<i>Allegheny</i>	Regional Roundtable - Grant Martin	Grant Martin Region
	<i>Tidewater A</i>	Regional Roundtable - Joanne Martin	Joanne Martin Region
	<i>Virginia A</i>	Regional Roundtable - Monia Sellers	Sellers Region
	<i>Tidewater B</i>	Regional Roundtable - Dave Schneider	Schneider Region
SESSION 3 2:20 PM	<i>Virginia DEF</i>	Regional Roundtable - Diana Reimer	Reimer Region
	<i>Tidewater C</i>	Regional Roundtable - Catherine Zemanek	Zemanek Region
	<i>Tidewater A</i>	Engaging Your Team - Best Practices for Effective Conference Calls, E-mails, and Meetings	RC
	<i>Virginia BC</i>	Servant Leadership: How to Build and Inspire Your Team	RC, DC
	<i>Virginia A</i>	From the Horse's Mouth: How Federal Overreach Affects Your State - A Panel Discussion with State Legislative Leaders	SD, Volunteers
	<i>Tidewater B</i>	Wise as Serpents, Harmless as Doves - Sharpening Your Judgment to Engage Political Figures	LL, ML, CW, SCC, SMW
	<i>Allegheny</i>	The Power of the Pen: Effective Communication Strategies in a Digital Age	DC, SIA, Volunteers
	<i>Tidewater C</i>	Non-Partisan Political Activism 101: Understanding the Political System	GC, CD, FUT



Saturday, August 24, 2019

- 7:00 AM *Virginia D* Breakfast
- 8:30 AM *Virginia DEF* Founding Father Talk
George Washington, Founding Father
- 9:00 AM *Virginia DEF* Plenary Session 5 - Living Room Conversation
Mark Meckler, President of Convention of States
Rita Dunaway, COS National Legislative Director
Ginny Rapini, COS National Grassroots Director
- 10:00 AM Break
- 10:20 AM *Various* Workshop Sessions 4 (see reverse for details)
- 11:30 AM *Virginia DEF* Plenary Session 6 - The Real Threat to Gun Rights
Charles Cooper, Esq., Constitutional Litigator for the NRA
- 12:15 PM Pick up box lunches and bring to Workshop Sessions 5 for working lunch
- 12:45 PM *Various* Workshop Sessions 5 (see reverse for details)
- 1:45 PM Break
- 2:00 PM *Virginia DEF* Plenary Session 7 - Smashing the D.C. Monopoly
Dr. Tom Coburn, U.S. Senator and COS Senior Advisor
- 3:00 PM Free Time
- 6:00 PM *Virginia DEF* Plenary Session 8 - Constitutional Courage Banquet
Mark Levin, Best Selling Author, Host of *Life, Liberty, & Levin* and *The Mark Levin Show*

Sunday, August 25, 2019

- 7:00 AM Breakfast on your own
- 10:00 AM *Virginia DEF* Worship Service - The Bible and Politics
Tim Dunn, COS Board Member



WORKSHOP SESSIONS - SATURDAY, AUGUST 24TH

	ROOM	DESCRIPTION	ATTENDEES
SESSION 1 10:15 AM	<i>Tidewater B</i>	Flexing the Grassroots Muscle - Executing a Successful COS Capitol Rally, "Legislative Surge," and Town Hall Meeting	GC, RC
	<i>Colony D</i>	Coordinating the Battle - Using the COS Strategy Toolkit to Convert Legislators	LL
	<i>Virginia BC</i>	Words that Work - Mastering the COS Presentation	RC, CD, SIA, Volunteers
	<i>Tidewater A</i>	Undaunted: Winning Over the Skeptics	SCC, SMW, CW, ML, Volunteers
	<i>Tidewater C</i>	Successful State Secrets: Tips From Successful State Leaders on Building a Winning Strategy	SD
SESSION 2 12:30 PM	<i>Colony E</i>	The Strategic Foundation: Strong District Captains, Engaged Volunteers	DC, FUT
	<i>Tidewater A</i>	Committee Testimony 101 - Making the Most of the Opportunity	LL, GC
	<i>Colony D</i>	Leaving No Stone Unturned - Using COS Comms Tools to Maximum Advantage	DC, SCC, CW, SMW, SIA
	<i>Virginia BC</i>	More Than Just Numbers - Maximizing Engagement of your District Captains and Volunteers	SD, RC
	<i>Tidewater B</i>	Flexing the Grassroots Muscle - Executing a Successful COS Capitol Rally, "Legislative Surge," and Town Hall Meeting	RC, ML
	<i>Tidewater C</i>	Coordinating the Battle - Using the COS Strategy Toolkit to Convert Legislators	Volunteers
<i>Colony E</i>	One Hour a Week - Simple Ways to Make a Difference	DC, FUT, CD, Volunteers	

